



# GROWTH WAVES

A workshop supporting kids to  
ride the wave.

with Cam Merchant

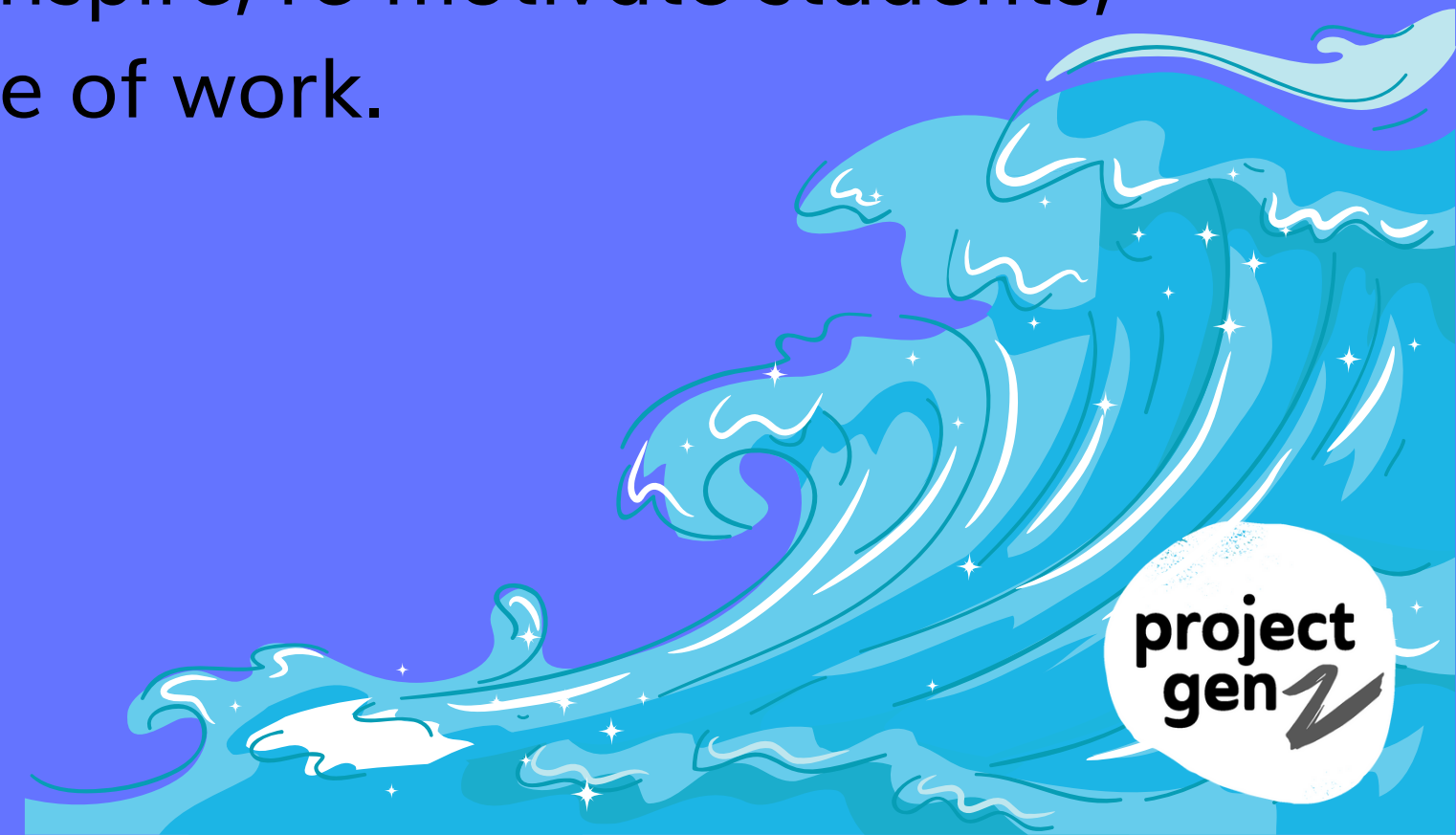
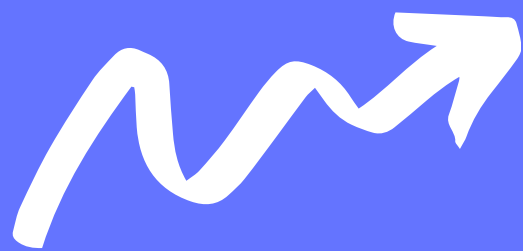


# GROWTH WAVES

## Riding life's waves

Project Gen Z is excited to launch a school roadshow to support the next generation to 'ride life's waves'.

Growth waves is facilitated by Aussie Cricketer, MAF's star & inspirational changemaker Cam Merchant. It is designed to reinspire, re-motivate students, and prepare them for the future of work.



# MEET CAM

## Cricketer, MAF's star & our chief inspiration officer!

Cricket enthusiast Cam Merchant, from Sydney, has a passion and enthusiasm for life, motivation and helping people find their potential & happiness.

Previously travelling the world and achieving a childhood dream of becoming a professional cricketer, Cam found a balance in life when he found himself in the middle of the Boxing Day Tsunami in Phuket Thailand in 2004.

Losing and being separated from his parents for over 8 hours and having no choice but to stay hopeful and help others around him calm

Also known for Marrying his beautiful now wife, Jules Robinson on Married At First Sight, Cam became a male guidance on Channel 9's hit reality program as he became a rock for young gentlemen in the show and around Australia for his expression and passion for mental health and that it's ok to show your emotions and how important talking about your feelings are. Cam appreciates everyday with a smile and now happy in front of any type of camera, talking sports, lifestyle, wellness, entertainment or even now Dad Life!

He knows how to have fun, inspire others and get the best out of everyone. Cam tells his incredible stories of defeat and triumph that has made him the man he is today

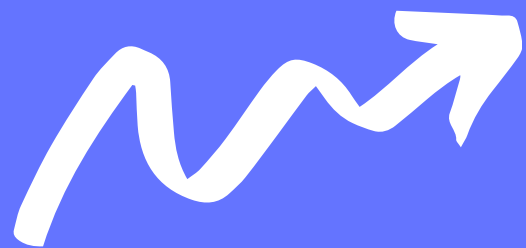


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## about the workshop

The workshop kicks off with a keynote presentation from Cam. Cam shares his inspiring journey, starting with his dream to become a cricketer as a young man, through to the steps that he took to make his dream become a reality. Cam focuses on dreaming big, overcoming adversity and the importance of having goals.

Once students are feeling inspired & unstoppable, Cam will guide them through a fun & interactive goal setting & vision workshop where students will develop actionable goals and steps to help them refocus and gain motivation.





# OUTCOMES



- Goal setting & vision planning
- How to overcome obstacles & stay solution focused
- How to be resilient and deal with adversity
- How to tap into passion & purpose
- A winners mindset
- Wellbeing & mental health

**\*\*PLUS ..**Every student will also walk away with one of our supersize Dreams & Goals posters to support them on their journey to ride life's waves!



# DETAILS

Touring schools in NSW term 2 & 3

- 1 hour or 2 hour
- Years 5-12
- Up to 120 students per workshop



# TESTIMONIALS

Here's what schools say...

We loved the workshop! High energy, good resources and engaging presenters who got the students involved. Thank you!

Cam's story was incredibly inspiring and proved to students the importance of not giving up.

We cant wait to book our next workshop! It was practical, interactive and gave our students simple steps to set goals.

10/10 thank you Project Gen Z. Our students walked away feeling inspired, motivated and excited for the future.

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**GET**

**INVOLVED**

We are now taking  
bookings.

[info@projectgenz.com.au](mailto:info@projectgenz.com.au)







We have inspired & educated over 25,000  
Australian kids



FOUNDED: 1910

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